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North Carolina  
Coronavirus (COVID-19) Resource Guide

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# WellCare of North Carolina Coronavirus (COVID-19) Resource Guide

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## OVERVIEW

### What is COVID-19?

Coronaviruses are a large group of viruses that can cause illness in animals and humans. Some coronaviruses commonly circulate in the United States and usually cause upper respiratory symptoms such as cough or runny nose, although some can cause more serious illness. The 2019 novel (new) coronavirus causes the illness coronavirus disease 2019 (COVID-19).

[Coronavirus Disease 2019 \(COVID-19\)](#) is a disease that was identified in Wuhan, China, and is now being spread throughout the world. People are encouraged to take common sense precautions to prevent the spread of all infectious diseases, including COVID-19.

- Wash hands frequently with soap and water for at least 20 seconds at a time.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are ill.
- Cover your mouth and nose with a tissue when you cough or sneeze.
- Do not reuse tissue after coughing, sneezing or blowing your nose.
- Clean and disinfect surfaces that are frequently touched.

### How does COVID-19 spread?

Coronaviruses like COVID-19 are most often spread through the air by coughing or sneezing, through close personal contact (including touching and shaking hands) or through touching your nose, mouth or eyes before washing your hands. Learn more from the Centers for Disease Control and Prevention (CDC) about [how COVID-19 spreads](#) and [how to protect yourself and your community from getting and spreading respiratory illnesses](#).

### Exposure and symptoms

[Symptoms](#) of COVID-19 are fever, cough and shortness of breath. Symptoms may appear 2-14 days after exposure. If you think you may have been exposed to COVID-19 and develop symptoms, you may need to seek medical attention. [Call your local health department](#) for further guidance. Before going to a health care provider, clinic, hospital or emergency room, call ahead to describe your symptoms and how you may have been exposed to the virus. In the event of an emergency call 9-1-1. [Find out more about current testing options for COVID-19](#).

Source: [NC Department of Health and Human Services](#)

As part of Centene's preventative approach, a new **COVID-19 Resource Page** was launched to help keep employees and their managers up-to-date on company recommendations and guidelines regarding COVID-19. This new resource page is easily accessible on both [Associate Connect](#) and [Prime Meridian](#) and offers multiple resources, including: Employees who have specific questions should reach out to their manager or HR Business Partner, or submit specific questions about the coronavirus to [askCovid@centene.com](mailto:askCovid@centene.com).

## FINANCIAL ASSISTANCE

- **US Department of Labor** granting unemployment benefits to those affected by coronavirus-related closures

- **Financial Institutions/Banks:**

Financial Institutions typically have programs that assist customers that are experiencing a financial hardship. These programs hold true during this pandemic as well. Assistance may include assistance to qualifying consumer and small business clients facing hardships, including forbearance with certain fees.

Customers who are unable to pay their bills or have an issue with their account should contact the client services team at the number listed on the back of their credit or debit card.

Additionally, customers can access help through both online and mobile app banking platforms. The following are banks that have specific websites, phone numbers and/or other resources related specifically to the Coronavirus

- [Bank of America](#)
- [Capital One](#)
- [Chase](#)
- [Citi](#)
- [Fifth Third Bank](#)
- First Citizens Bank: 1-888-FC DIRECT (1-888-323-4732).
- [PNC](#)
- [U.S. Bank](#)
- [Wells Fargo](#)-The Wells Fargo Foundation has donated up to \$6.25 million to support domestic and global response to the coronavirus (COVID-19) and to aid public health relief efforts. The company will also donate up to \$5 million at the local level to help address community-specific needs in the coming months. If customers are in need of assistance, they can call 1-800-219-9739.

**Greenville- Financial assistance:**

- United Ways of Greenville-226 W 8<sup>th</sup> Street, Suite B, Greenville, NC 27834- 252- 785-1604. Help with rent, bills, mortgage
- Salvation Army-2337 Dickinson Ave, Greenville, NC, at 252-756-3388- Help with electricity bills and rent
- Greenville Community Shelters, Inc. (252) 551-9112. Food, clothes, bills, rent.
- Pitt Department of Social Services-1717 West 5th Street, Greenville, NC 27834-1696, dial (252) 902-1110.
- Ayden Christian Church provides medications, utility bill assistance, and rental assistance to those qualified families facing an eviction. The church is at 462 Second Street. Telephone - (252) 746-3555. Ayden, North Carolina 28513.
- Hope of Glory Ministries provides material goods. This can include free food, gently used clothes, household goods, and hygiene products to individuals in need. Address is 402 West 10th Street, Greenville, NC 27834. Dial (252) 321-6857 for intake.
- SSVF is for veterans and their families only. Family Endeavors, Inc., runs it for Pitt County. All housing assistance is based on need. They offer government grants to pay a mortgage or rent payment, budgeting counseling, and bus fares. SSVF also coordinates rapid rehousing, in which funds (or loans) are used to pay for moving costs, a security deposit, lease application fees or

other costs. Many other costs may also be paid by SSVF, and it also gives veterans counseling. Call 910-459-4320.

#### Raleigh/Durham Financial Assistance

- **Child Care Services Association** (Affordable child care for low income, activities and books free)-5076, 1201 S Briggs Ave # 200, Durham, NC 27703-(919) 403-6950
- **Durham Regional Financial Center**-2634 Durham-Chapel Hill Blvd #214, Durham, NC 27707-(919) 688-3381
- **Legal Aid of North Carolina** Intake Unit Central Intake Unit-313 Chapanoke Rd #10, Raleigh, NC 27603-(866) 219-5262
- **Legal Aid of North Carolina** Raleigh-224 S Dawson St, Raleigh, NC 27601-(866) 219-5262

#### Charlotte/ Mecklenburg County

- **Crisis Assistance Ministry**, This program is designed to help struggling families maintain stability. They help people who need help with rent, utilities, and other resources. 500-A Spratt Street, Charlotte, NC 28206 (704) 371-3001
- **Matthews HELP Center**, offers assistance to those living in the Matthews, NC area who need help with rent, utilities, groceries, etc. They also offer referrals to other community organizations that provides help. 119 N. Ames Street, Matthews, NC 28106, Phone: 704-847-8383
- **Good Fellows Club**, Emergency Assistance for Families, 700 Parkwood Avenue, Charlotte, NC 28205, Phone: 704-333-5040
- **Good Friends**, Monetary Assistance, 1307 W. Morehead # 207, Charlotte, NC 28208 Phone 704-820-6008

**Buncombe County** Emergency Assistance: Buncombe County Social Work Services oversees the distribution of Emergency Assistance funds. These funds are for families in short-term financial crisis due to unusual circumstances. Phone: 828-250-5592

## UTILITIES

- **Duke Energy and Dominion Energy** are suspending residential disconnections for nonpayment effective immediately. This applies to all home and business accounts in North Carolina. Customer Service: **Duke Energy Carolina** Residential: [800.777.9898](tel:800.777.9898) Business: [800.653.5307](tel:800.653.5307)
- Charlotte Water will not disconnect water service accounts for non-payment. Those currently disconnected will be re-connected.
- City of Greensboro will be suspending all water shut-offs due to non-payment through March 31st.
- Asheville will not disrupt water service for nonpayment during the coronavirus health emergency. City officials also encouraged all customers to avoid paying bills in person and to consider using alternate payment methods, including by mail, the city's online portal or by calling 828-251-1122.
- **Piedmont Natural Gas** is suspending disconnection for nonpayment effective immediately

## INTERNET & TELECOM

- Comcast, AT&T, Charter, Cox, Google Fiber, Sprint, Verizon, and T-Mobile will postpone all failure-to-pay disconnections on phone and internet services for homes and small businesses for 60 days. Charter is offering free broadband and Wi-Fi for 60 days to households with K-12 or college students who do not already have a broadband subscription. Cox will offer one free month of its low-income service to new customers. Comcast Internet Essentials is free for 60 days. AT&T is waiving data overage fees for customers who do not have unlimited home internet access.
- Asheville County Schools' students without at-home internet access can check out Wi-Fi hotspot devices from their schools' media centers
- Buncombe County Schools (BCS) students can use the district's homework hotspot program
- BCS, will provide additional non-digital assignments to K-3 students to perform remotely

## FOOD

### SCHOOLS

**Alamance Burlington County School System** is offering free lunches to about 20 schools in the county. All this is located on their website Home page. These are bag lunches being offered as a grab-and-go. <https://www.abss.k12.nc.us>. Go to tweets by ABSS public to the far right of the home page

### Charlotte

Mecklenburg County's McDonald's locations are serving free lunches March 17-27 for kids 12 and under 11AM-2PM at drive-thrus. Employees must see kids in the car to receive a meal

**Charlotte-Mecklenburg Schools** will provide grab and go meals while schools are closed. Lunch (and breakfast for the next day) will be served in participating school's parking lots. Meals are free for anyone 18-years old and under. Children must be present to receive meals. Meals will be distributed Monday-Friday beginning Tuesday, March 17 from 10:30 a.m.- 12:30 p.m. [Here is the list of the locations.](#)

### Cleveland County Schools

Free lunch pickup will provided at all schools **\*EXCEPT\*** Burns High, Crest High, Kings Mountain High, Shelby Middle, North Shelby and East. Lunch pickup is available Monday through Friday from 11:30 a.m. until 1 p.m. Pickup location is the front entrance of each school unless directed otherwise. Meals can be picked up at any school and children do not have to be enrolled at the school providing the meal. In addition to lunch, a bagged breakfast will be provided for each child.

### Mooresville Graded Schools

Beginning Tuesday, March 17, Mooresville Graded Schools will have breakfast and lunches available for pickup at South Elementary School at no cost to students. Meals are available for all MGSD students.

### Stanly County Schools

There are two options for students to receive meals. All meals are provided at NO COST for all schools.

**Option 1:** Buses will deliver meals between 10 a.m. and 2 p.m. at normally scheduled stops and all Stanly County students can come to a bus stop for a meal. A school messenger will be sent from the school when the route begins and parents can use the Here Comes The Bus app for more exact times.

**Option 2:** Drive-thru options will be allowed at eight schools: East Albemarle, Central, Badin, Albemarle High, Albemarle Middle, Norwood, South Stanly Middle School and Stanfield. Drive-thru locations will operate from 11 a.m. until 1 p.m. Monday through Friday. They will be located in the schools' car rider line, with the exception of Badin, which will be located in the back parking lot.

### Kannapolis City Schools

KCS has established "Grab and Go" lunches for students during the mandated closure of schools.

Beginning Monday, any student can get free breakfast and lunch at one of five distribution sites or via meal delivery service. If you are unable to access either of these, call the KCS helpline at 704-92-2222.

- A.L. Brown High School
- Fred L. Wilson Elementary
- Jackson Park Elementary School
- McKnight Head Start
- Woodrow Wilson Elementary School

Mobile meal delivery will be provided from 12 p.m. until 12:30 p.m. for students who can't get to the meal distribution sites. Free lunches and bagged breakfasts will be delivered to the following locations:

- 450 Cabarrus Arms Drive (Cabarrus Arms Apartments)
- 620 Atlantic Street (West Green Apartments)
- 703 Buick Avenue (Calvary Baptist Church)
- 905 Sears Street
- Kidd Street and Canyon Lane
- Kimball Street and Cove Road
- Leisure Park Circle
- Sandy Court and Ridge Way Drive
- Superior Avenue and Fowler Street
- Wren Street and Independence Square

### Raleigh

The following sites with food provided by Wake County Public Schools System for pick up by families with children aged 18 and under - Monday through Friday, 11:00 a.m. to 1:00 p.m., starting March 17:

- Poe Magnet Elementary School, 400 Peyton St., Raleigh
- Rogers Lane Elementary School, 201 N. Rogers Lane, Raleigh
- Creech Road Elementary School, 450 Creech Road, Garner
- Wendell Middle School, 3409 NC Hwy. 97, Wendell
- Zebulon Magnet Elementary School, 700 Proctor St., Zebulon
- Millbrook Magnet Elementary School, 1520 E. Millbrook Dr., Raleigh
- Briarcliff Elementary School, 1220 Pond St., Cary
- Pine Acres Community Center, 402 McLean St., Fuquay-Varina
- PAVE SE Raleigh Charter School, 3420 Idlewood Village Dr., Raleigh
- Wake County Human Services Northern Regional Center, 350 Holding Ave., Wake Forest
- Washington Terrace Apartments, 1951 Booker Dr., Raleigh



- Raleigh Millbank Apartments, 1500 N. Raleigh Blvd., Raleigh
- The Oaks Apartments, 3911 Water Oak Dr., Raleigh
- New Hope Village Apartments, 4321 Grandiflora Lane, Raleigh
- Casa De Luna Apartments, 3918 Bonnevillie Court, Raleigh
- Juniper Level Baptist Church, 9104 Sauls Road, Raleigh

**Durham**

**Durham Public Schools** will begin a daily feeding program for Durham County children on March 23, similar to their summer meals initiative. Officials say they will provide locations for families to pick up meals. [Details will be available at a later date.](#)

**Greensboro**

**Guilford County Schools** setting up grab-and-go sites for food distribution across the county for children ages 0 – 18 beginning Wednesday, March 18. Students will be able to pick up lunch for the day, and breakfast for the following day, Monday through Friday, from 11 a.m. to 12 p.m. at the sites. [Here is the list of the locations.](#)

The grab-and-go sites are as follows:

GCS Grab N Go Sites - Food Distribution	Locations
Alderman Elementary	4211 Chateau Drive, Greensboro, NC 27407
Allen Jay Middle	1201 E. Fairfield Road, High Point, NC 27263
Archer Elementary	2610 Four Seasons Blvd. Greensboro, NC 27407
Bluford Elementary	1901 Tuscaloosa Street, Greensboro, NC 27401
Cone Elementary	2501 N. Church Street, Greensboro, NC 27405
Dudley High	1200 Lincoln Street, Greensboro, NC 27401
Eastern High	415 Peeden Drive, Gibsonville, NC 27249
Fairview Elementary	608 Fairview Street, High Point, NC 27260
Foust Elementary	2610 Floyd Street, Greensboro, NC 27406
Hairston Middle	3911 Naco Road Greensboro, NC 27401
High Point Central High	801 Ferndale Blvd. High Point, NC 27262
Hunter Elementary	1305 Merritt Drive, Greensboro, NC 27407
Irving Park Elementary	1310 Sunset Drive, Greensboro, NC 27408
Jackson Middle	2200 Ontario Street, Greensboro, NC 27403
Johnson Street Global	1601 Johnson Street, High Point, NC 27262
Jones Elementary	502 South Street, Greensboro, NC 27406
Kirkman Park Elementary	1101 N. Centennial Street, High Point, NC 27262
Montlieu Elementary	1105 Montlieu Avenue, High Point, NC 27262
Morehead Elementary	4630 Tower Road, Greensboro, NC 27410
Northeast High	6700 McLeansville Road, McLeansville, NC 27301
Oak Hill Elementary	320 Wrightenberry Street, High Point, NC 27260
Oak View Elementary	614 Oakview Road, High Point, NC 27265
Parkview Elementary	325 Gordon Street, High Point, NC 27260
Peck Elementary	1601 West Florida Street, Greensboro, NC 27403
Ragsdale High	1000 Lucy Ragsdale Drive, Jamestown, NC 27282
Rankin Elementary	1501 Spry Street, Greensboro, NC 27405
Southeast High	4530 Southeast School Road, Greensboro, NC 27406
Swann Middle	811 Cypress Street, Greensboro, NC 27405
Washington Elementary	1110 E. Washington Street, Greensboro, NC 27401
Welborn Middle	1710 McGuinn Drive, High Point, NC 27265
Western Middle	401 College Road, Greensboro, NC 27410
Wiley Elementary	600 West Terrell Street, Greensboro, NC 27406

**Forsyth County Schools** cafeteria sites will remain open. Lunch and breakfast meals will be available for pick up at all school locations from 10AM-2PM. Meals are free to anyone under 18. Adults can buy meals at a cost of \$1 for breakfast and \$2 for lunch. Meal delivery is being coordinated now through school buses.

### Western North Carolina

**Buncombe County Schools** Children (ages 2-18) can access meal service at the following locations, Breakfast is 7:30am-8:30am and Lunch is 11:30am-1:30pm:

- Oakley Elementary
- Johnston Elementary
- Emma Elementary
- West Buncombe Elementary
- Woodfin Elementary
- Hominy Valley Elementary
- Pisgah Elementary
- Owen High School
- Black Mountain Primary
- Weaverville Elementary
- North Windy Ridge Intermediate
- Estes Elementary

Buncombe County Schools will also provide food boxes to adults and elderly at the locations listed above. With the help of their community partners, they will also provide families with extra food boxes for the adults and elderly who live in their household. <https://www.buncombeschools.org/>

**Asheville City Schools** - Food Distribution Sites will officially open on Tuesday, March 17th. We will be sending follow-up information concerning these sites. Asheville City Schools working on a plan and will have information on website: <https://www.ashevillecityschools.net/Page/9>

**White Duck Taco in Asheville** posted on social media that they will be giving K-12 public school student one free regular taco a day starting Monday through Friday. <http://whiteducktacoshop.com/>

**Baked Pie Company**, which has locations in Woodfin and Arden, announced they'll be giving a free bagged lunch to children Tuesday through Saturday. <https://www.bakedpiecompany.com/>

**Manna Foodbank** - 627 Swannanoa River Road Asheville, NC 28805-2445 Phone: 828-299-3663 Fax: 828-299-3664 Hours: Mon.-Fri. 8-4 At schools across 16 counties of WNC, MANNA helps feed children facing hunger every weekend through our MANNA Packs for Kids program.

### Alleghany County

Alleghany County schools will begin food distribution on Tuesday, March 17<sup>th</sup> at summer food distribution locations. These locations will offer drive-up stations where food will be provided without having to exit your vehicle. Food delivery is available for families with limited transportation

### Avery County

All Avery County Schools will provide drive-up meals from 10:30 to 1:30, this will include breakfast and lunch meals.

Avery County Schools will provide meal delivery by bus, to pick up these meals please arrive at your child's bus stop on a 4 hour delay (if bus stop arrival is normally 7:15 it, arrive at 11:15).

### Burke County

Grab and go lunches will be available from 11 – 1pm at:

- Hillcrest Elementary
- Forest Hill Elementary

- Mountain View Elementary
- East Burke Middle

Grab and go suppers will be available from 5 – 6:30pm at Mountain View Elementary

## **FOOD-SCHOOLS (cont)**

### **Cherokee County**

Breakfast and lunch pick-up daily 8AM-1PM at the following schools:

- Andrews Elementary
- Peachtree Elementary
- Martins Creek Elementary
- Murphy Elementary
- Hiwassee Dam School
- Ranger Elementary

Families with limited transportation can call the central office at 837-2722 to schedule home delivery.

### **Clay County**

- Clay County Public Schools will provide 2 meal per day to students through grab and go options at local schools and through bus routes for delivery. Scheduling is still being determined, for more information please contact the Nutrition office at 828-389-6332.
- Clay County Food Pantry Fridays 9:00AM – 1:00PM at 2278 Hinton Center Rd, Hayesville, NC
- Matt's Ministry, Saturdays 10:00AM – 12:00PM at 123 W.J. Cabe, Rd. Hayesville, NC

### **Graham County**

School food distribution to begin in the latter part of this week, details to come.

## **FOOD IN THE COMMUNITY**

### **Raleigh**

Confirmed Community Sites with Food Provided by Kirk of Kildaire Presbyterian Church for pickup for families with children ages 18 and under:

- First United Methodist, 117 S. Academy St., Cary, Mon.-Fri., 12:15 p.m. to 1:15 p.m.
- Chatham Forest Apartments, 880 Glendale Dr., Cary, Tues. and Thurs., 6:30 p.m. to 7:30 p.m.
- Apex First Baptist, 419 S. Salem St., Apex, Mon. and Wed., 6:30 p.m. to 7:30 p.m.
- Arbors at Cary Apartments, 200 Wrenn Dr., Cary, Mon.- Thurs., 6:00 p.m. to 7:00 p.m.
- Crosstimber Apartments, 900 Goldenshoe Cir., Morrisville, Mon.-Fri., noon to 1 p.m.

Inter-Faith Food Shuttle Mobile Market Locations and Times:

- Abundant Life Cathedral, 4400 Old Poole Road, Raleigh, Fourth Saturdays (beginning 3/28/20), 10:00 a.m. to 11:30 a.m.
- Bread for Life Mobile Market at Zebulon Boys & Girls Club, 1320 Shepard School Road, Zebulon, Third Saturdays (beginning 3/21/20) 10:00 a.m. to 11:00 a.m.
- Community Helpers Service Center, 111 N. First Ave., Knightdale, Drive-thru, Thursdays (beginning 3/19/20), 10:00 a.m. to 1:00 p.m.
- Martin Street Baptist Church, 1001 E. Martin St., Raleigh, Second Saturdays (beginning 4/11/20), 10:00 a.m. to 11:00 a.m.

- Praise Temple Mobile Market, 1329, U.S. Hwy 70, Fourth Saturdays (beginning 3/28/20), 10:00 a.m. to 11:00 a.m.
- Wake Forest Baptist Church, 107 S. Ave., Wake Forest, Third Tuesdays (beginning 3/17/20), 4:30 p.m. to 6:15 p.m.

### Charlotte

- Friendship Trays of Mecklenburg County – Home delivered meals during coronavirus pandemic. Call 704-333-9229 for more information.
- Ada Jenkins Center (AJC) - 212 Gamble St. Davidson, NC 28036
- Calvary United Methodist Church (CAL) - 512 West Blvd. Charlotte, NC 28203
- Camino (CDR) - 201 Stetson Dr. Charlotte, NC 28262
- Eastern Hills Baptist Church (EHB) - 4855 Albemarle Rd. Charlotte, NC 28205
- First Presbyterian Church (FPC) - 200 West Trade St. Charlotte, NC 28202
- Galilee Ministries (GAL) - 3601 Central Ave. Charlotte, NC 28205
- Greater Salem operated in part by Hope Covenant House (HOPE) - 5318 Salem Church Rd. Charlotte, NC 28216
- Harrison United Methodist Church (HMC) - 15008 Lancaster Hwy Pineville, NC 28134
- Holy Comforter Episcopal Church (HCE) - 2701 Park Rd. Charlotte, NC 28209
- Harvest Center operated by Mount Carmel Pantry (MCB) - 5415 Airport Dr. Charlotte, NC 28208
- Huntersville United Methodist Church (HVM) - 14005 Stumptown Rd. Huntersville, NC 28078
- Nations Ford Community Church (NFCC) - 5901 Nations Ford Rd., Charlotte, NC 28217
- New Emmanuel Congregational United Church of Christ (NEC) - 3546 Beatties Ford Rd. Charlotte, NC 28216
- New Zion Missionary Baptist Church (NZB) - 217 W. Todd Ln. Charlotte, NC 28208
- Shiloh Institutional Baptist - 2400 Greenland Ave. Charlotte, NC 28208
- St. Giles Presbyterian Church (SGP) - 2027 Emerywood Dr. Charlotte, NC 28210
- Statesville Avenue Presbyterian Church (SAP) - 3435 Nevin Rd. Charlotte, NC 28269
- Sucot Foundation Pantry (SFP) - 3733 Pleasant Plains Rd. Stallings, NC 28104
- Wilson Grove Baptist Church (WIL) - 6624 Wilgrove-Mint Hill Rd. Mint Hill, NC 28227

### Greenville

- Food Bank CENC at Greenville- 1712 Union St, Greenville, NC 27834 · 252- 752-4996
- Pet Food Pantry- 408 W Arlington Blvd, Greenville, NC 27834 (252) 689-6122
- Lifetime of Joy Baby Pantry & Motherhood Support - Hollywood Church- 5103 NC HWY 43 South Greenville, NC – 27858 (252) 756-1350
- St Paul's Episcopal Church Pantry- 401 East Fourth Street Greenville, NC - 27858(252) 752-3482
- St Peter Catholic Church Pantry- 2700 E. 4th Street, Greenville, NC – 27834 252-757-3259
- South Greenville Church of Christ Pantry. Website: <http://southgreenvillecoc.org>. 669 S Memorial Drive Greenville, NC – 27834 (252) 754-2222
- Pentecostal Temple Holy Church of Deliverance Pantry. Website: <http://pentecostaltempleholy.weebly.com/order-of-service.html> 2753 W. 5th Street Greenville, NC – 27834 (252) 752-0906
- Philippi Church of Christ Pantry- 3760 Philippi Drive Greenville, NC – 27834 252-752-7205
- Love Ministries Church (LMC) Pantry- 1610 Farmville Boulevard Greenville, NC – 27834 252-412-3088

- Koinonia Christian Center Church - Mobile Food Pantry- 1405 SW Greenville BLVD. Greenville, NC. 27835 - 252-752-1898
- Hope of Glory Ministries Pantry- Website: <http://www.hope-of-glory.org> 103 E. Arlington Blvd Greenville, NC – 27858- 252-215-9042
- Churches Outreach Network Pantry Website: [http://www.con2007.org/food\\_distribution](http://www.con2007.org/food_distribution) 713 Albemarle Avenue Greenville, NC – 27834 (252) 717-9600
- Memorial Baptist Benevolence Pantry Program Website: <http://tmbc.org> 1510 SE Greenville Blvd Greenville, NC – 27858 (252) 756-5314

### Raleigh/Durham

- Central and Eastern Food Bank of NC Food Finder: Locate a food pantry within five miles of your zipcode across 36 Counties in Central and Eastern NC - <https://foodbankcenc.org/find-help/food-finder/>
- Durham Community Food Pantry -2020 Chapel Hill Rd #30, Durham, NC 27707 - (919) 286-1964
- Durham Rescue Mission 1201 E Main St, Durham, NC 27701- (919) 688-9641
- Antioch Baptist Church (AND1 ministry food assistance) - 1415 Holloway St, Durham, NC 27703- (919) 688-8893
- Meals On Wheels -2522 Ross Rd, Durham, NC 27703-(919) 667-9424
- The Salvation Army of Durham, Orange, and Person Counties -909 Liberty St, Durham, NC 27701- (919) 688-7306
- Second Mile Ministry-2601 Hillsborough Rd, Durham, NC 27705-(919) 286-3596
- World Relief Durham-801 Gilbert St, Durham, NC 27701-(919) 286-3496
- Urban Ministries of Durham 410 Liberty St, Durham, NC 27701-(919) 682-0538
- Housing For New Hope-18 W Colony Pl # 250, Durham, NC 27705-(919) 489-6282
- Brooks Avenue Church of Christ 700 Brooks Avenue, Raleigh, NC 27607 (919) 821-2400 [www.brooks.org](http://www.brooks.org) Service(s) Offered: Food Pantry every 2nd and 4th Saturday of each month, 9:00 a.m. - 12:00 noon. ID required. No referral required.
- Shepherd's Table Soup Kitchen 125 Hillsborough Street, Raleigh, NC 27603-1762 (919) 831-2010 [www.shepherds-table.org](http://www.shepherds-table.org). The Shepherd's Table serves a nourishing hot mid-day meal to anyone who walks through their doors – no questions asked.
- Wake County Human Services Address: 220 Swinburne Road, Raleigh, NC 27610 (919)212-7000 [www.wakegov.com/humanservices](http://www.wakegov.com/humanservices). The Food Assistance program helps low income people to buy the food they need for good health. This program people purchase food in addition to what they are already buying in the grocery store. Clients will need to bring all the following items with you: \*Picture Identification, \*Social Security Card, \*Proof of rent/mortgage and utilities, \*verification of last month's rent, \*verification of any bank accounts.
- Urban League of Wake County 1390 Capital Blvd. Raleigh NC 27603 (919) 836-1642 <https://www.urbanmin.org/> Service(s) Offered: Our Mission is to engage our community to serve and advocate on behalf of those affected by poverty by providing food and nutrition, by promoting health and wellness, and by laying the foundations of home.
- Triangle Family Services-3937 Western Blvd, Raleigh, NC 27606-(919) 821-0790
- Raleigh Rescue Mission-314 E Hargett St, Raleigh, NC 27601-(919) 828-9014
- The Salvation Army-1863 Capital Blvd, Raleigh, NC 27604-(919) 834-6733
- Interfaith Food Shuttle-1001 Blair Dr, Raleigh, NC 27603-(919) 250-0043

**Greensboro**

- Collaborative Cottage Grove will be providing meals to children and families affected by school closures in East Greensboro. To make arrangements for delivery contact Rinda Estes at spirit907@gmail.com or call 336-691-1268. To donate to families in need, drop offs can be made at 122 N Elm ST, Suite 301 in the Self-Help Center.
- One Harvest Food Ministries will be providing grocery boxes for families at a reduced cost. Several locations throughout Greensboro: 4350 Jessup Grove Rd, 5945 N Church St, 2400 S Holden Rd, 707 Gate City Blvd. 336-285-8807
- Bread of Life Food Pantry 1606 Phillips Avenue Greensboro, NC 27405 (336) 272-1305 (Open on Saturdays 8AM-2PM)  
Low income families can receive free boxed, bagged perishable and non-perishable grocery items. Senior citizens, the disabled, and pregnant mothers can get help more often than others. Blessed Table Food Pantry: 3210 Summit Ave, Greensboro NC 27405 336-312-4172 (Tues-Fri 10AM-1PM) Greensboro Urban Ministry: 305 W Gate City Blvd Greensboro NC (336) 271-5959 (Mon-Fri 8:30AM-5PM)
- Guilford County Food Pantry- 202 Franklin Blvd, Greensboro NC 27401 [\(336\) 378-9292](tel:3363789292) (Weds & Sat 2PM-5:45PM)

**West Region****Ashe County**

Sharing Center EMERGENCY food pantry is open one day a week and can be contacted for scheduling at 336-846-7019

**Avery County**

Community Market - March 19th, 2020 distribution at 12:00 at the Newland Pool parking lot, as a drive through. Distribution starts at 12:00 for boxes of produce and supplies.

**Buncombe County**

- ABCCM – South Ministry food Pantry open M-F 8:30AM – 4:30PM 10 Buck Shoals Rd, Arden, NC
- Avery’s Creek UMC Community Food Pantry Saturdays 9:00AM – 12:00PM 874 Glenn Bridge Road SE, Arden, NC
- Family of Faith Fellowship, Tuesdays and Thursdays 11:00AM – 1:00PM 213 Long Shoals Rd, Arden, NC
- ABCCM, M-F 8:30AM – 4:30PM 24 Cumberland Ave, Asheville, NC
- Be Loved House EMERGENCY food boxes, must call ahead, please contact at 828-242-8261
- Biltmore Church of God, Wednesdays 4:30PM – 6:30PM 1390 Sweeten Creek Rd, Asheville, NC
- Children First – Emma Resource Center Tuesdays 9:30AM – 12:30PM and Wednesday 9:30AM – 12:30PM and 1:30PM – 4:30 PM 37 Brickyard Rd, Asheville, NC
- First Baptist Church Thursdays, 12:00PM – 1:30PM 5 Oak St, Asheville, NC
- Foster Seventh Day Adventist Tuesdays, 9:00AM – 11:30AM 375 Hendersonville Rd, Asheville, NC
- Oakley Baptist Church, Wednesdays, 10:30AM – 12:00PM 70 Fairview Ave, Asheville, NC
- The Salvation Army of Asheville, Wednesdays 1:00PM – 3:30PM at 204 Haywood St, Asheville, NC and by appointment at 828-253-4723
- Victory Worship Center, Fridays 12PM – 2:00pm at 450 Aiken Rd, Weaverville, NC



- Bounty and Soul, Tuesdays 12:00PM – 1:00PM at 424 W State St, Black Mountain, NC
- Swannaoa Valley Christian Ministry (Black Mountain) M-F 9:00AM – 3:00PM, please contact prior at 828-545-3948
- ABCCM Hominy Valley – M-F 9:00AM – 3:00PM at 1914 Smokey Park Highway, Candler, NC
- Trinity of Fairview Food Pantry, Tuesdays 9:00AM – 12:00PM at 646 Concord Rd, Fletcher, NC

**Cherokee County Food Pantry** Tuesdays and Saturdays 10:00AM – 12:00PM at 121 Main Street – West End Plaza, Murphy, NC

#### **Haywood County**

- Beulah Baptist Church, Tuesdays 11:00AM – 2:00PM at 483 Sunset Circle, Canton, NC
- The Community Kitchen, Mondays, Tuesdays and Thursdays 4:30PM – 6:00PM at 358 Champion Dr, Canton, NC
- Maggie Valley UMC Mondays 10AM – 12:00PM and 5:30PM – 7:00PM at 4192 Soco Rd, Maggie Valley, NC
- Grace Episcopal Church M-F 10:00AM – 11:00AM at 394 N Haywood St, Waynesville, NC
- Pigeon Community Development Center M-F 3:00pm – 6:00PM at 450 Pigeon St, Waynesville, NC

#### **Henderson County**

- Only Hope WNC (East Flat Rock), EMERGENCY food boxes by appointment only, please contact at 828-693-5499
- Etowah UMC Fishes and Loaves Food Pantry, Saturdays 8:30AM – 11:00AM at 110 Brickyard Rd, Etowah, NC
- Calvary Episcopal Food Pantry, Saturdays 8:30AM – 11:00AM at 2840 Hendersonville Rd, Fletcher, NC
- Hendersonville Seventh Day Adventist Tuesdays 9:00AM – 2:00PM at 2301 Ashville Highway Hendersonville, NC
- Interfaith Assistance Ministry M-F 9:00AM – 4:00PM at 310 Freeman St, Hendersonville, NC
- The Salvation Army Hendersonville M-F 9:00AM – 12:00PM at 239 3<sup>rd</sup> Ave, Hendersonville, NC
- The Store House Wed – Friday 9:00AM – 2:00PM at 1049 Spartanburg Highway, Hendersonville, NC
- Hickory Nut Gorge Outreach Monday, Thursday and Friday 10:00AM – 3:00PM

#### **Jackson County**

- Darnell farms offering produce delivery, produce can be purchased with EBT and delivered for free. For more information please call 828-736-8047.
- Jackson County Schools will offer meal delivery for students through established bus route, scheduling information to come.
- Cullowhee Valley Baptist Church Wednesdays 6:00PM – 8:00PM at 36 Tilley Creek Rd, Cullowhee, NC
- United Christian Ministries of Jackson County Mon, Tues, Thurs and Friday 11:00AM – 6:00PM at 191 Skyland Dr, Sylva, NC

#### **Macon County**

- Macon County Care Network M-F 10:00AM – 1:00PM at 130 Bidwell St, Franklin

#### **Madison County**

- Beacon of Hope Services Mondays 8AM – 3:00PM and Fridays 1:00PM – 6:00PM at 120 Calvary Rd, Marshall, NC
- All schools in Madison County will provide hot lunches for students M-F 11:00AM – 2:00PM

#### **McDowell County**

- St. Johns Food Pantry Fridays 4:00PM – 6:00 PM at 339 S Main Ave, Marion, NC

- Dysartsville Christian Ministries Thursdays 3:30PM – 5:00PM at 174 Trinity Church Loop, Nebo, NC
- All county elementary schools will offer meal pick-up for all McDowell County Schools students. Pick-up 11:00AM – 1:00PM

#### **Mitchell County**

- Ave Maria Ministries Wednesdays 1:00PM – 4:00PM at 695 Summit Ave, Spruce Pine, NC
- Mitchell County Shepherds Staff Food Pantry Mondays, Tuesdays and Thursdays 9:00AM – 3:00PM and Fridays 9:00AM – 1:00PM at 6565 Highway 226 South, Spruce Pine, NC
- Mitchell County will offer grab and go breakfast and lunches for children in school and children who have not yet started school. Meal pick-up available at schools, delivery options available.

#### **Polk County**

- Church of the Transfiguration Tuesdays 4:00PM – 6:00PM at 54 Carolina Street, Saluda, NC
- The Salvation Army Polk County Wednesdays 9:00AM – 12:00PM at 2382 Coxe Rd, Tryon, NC

#### **Swain County**

- Swain County School cafeterias (except high school) will offer breakfast and lunch 7:30AM – 2:00PM
- Impact Church of North Carolina Saturdays 10:00AM – 12:00PM at 95 Slope St, Suite G&H, Bryson City, NC

#### **Transylvania County**

- Weekly school focused radio program Mondays 12:30PM [bit.ly/TCSYesRadio](https://bit.ly/TCSYesRadio)
- The Following restaurants have partnered with Transylvania County Schools to offer meal options to students:
  - Jet’s Pizza will offer pizza to Transylvania County students at 102 College Station Dr, Brevard 11:30AM – 12:30PM
  - Pescados Burritos 265 N Broad St, Brevard, NC will offer meals to students 11:30AM – 8:30PM
  - Country Skillet will offer one free meal per day at 2012 Old Rosman Highway, Rosman, NC 6:30AM – 3:00PM
  - Grill @ the Barn is offering students one free lunch per day at 16614 Rosman Highway, Lake Toxaway 7:30AM – 2:30PM
  - Rooster Head Plantation is offering meal to students at 1200 Old Hendersonville Highway, Brevard Wed – Saturday 11AM – 6:00PM
  - The BBQ Shed will offer sandwich combo to students at 17668 Rosman Highway, Sapphire Monday, Wednesday and Thursday 11AM – 2:30PM
  - Creekside Market will offer breakfast and lunch options for students at 8960 Greenville Highway, Cedar Mountain 7:00AM – 6:00PM
- God’s Way Fellowship Saturdays 10:00AM – 12:00PM at 525 Tanasee Gap Rd, Balsam Grove, NC
- Bethel A Baptist Church M-Thu 10:00AM – 1:00PM at 290 Oakdale St, Brevard, NC
- The Salvation Army Brevard M-F 9:00AM – 3:00PM at 126 North Caldwell St, Brevard, NC

## CHILDREN’S RESOURCES AND ACTIVITIES

- **Wake County school system** is sending activities home with student to continue their learning/development while out of school.
  - Students encouraged to use their online access to the school and public library
  - Charter Spectrum –Providing Free wifi and online services while children out of school K-12
- **Durham County school system** is sending activities home with student to continue their learning/development while out of school.



- Students encouraged to use their online access to the school and public library
- Charter Spectrum –Providing Free wifi and online services while children out of school K-12
- **Academic Earth** – View hours of free lectures and course materials from leading universities.
- **Alison:** Offering a range of free online courses in all subjects, Alison’s trending course is [all about the coronavirus](#).
- **Khan Academy** – Perhaps the leader in free, high-quality, online learning content for kids, Khan Academy offers no-cost YouTube instructional videos in a wide range of content areas, including all levels of mathematics, English language arts, science, history, computer science and programming, and SAT preparation. Content is aligned with state curriculum standards, and parents can view and track their children’s progress. Khan Academy is widely used in schools across the country and can be a great resource for in-home learning.
- **Prodigy Math** – Also used by many school districts, Prodigy is a free, online math program that uses a fun video game-style interface to engage learners. Users create their characters and conquer challenges while doing math along the way, tied to their skill level and aligned with core competencies. The paid version offers more math and allows parents and teachers (parents can register as teachers), to run tests and diagnostics, emphasize certain mathematical concepts, and assess progress behind the scenes, while the learners happily play the game.
- **Duolingo** – If you or your child are interested in learning a foreign language, Duolingo offers free online learning tools in 36 languages.
- **No Red Ink** – This free, online writing and grammar resource helps learners of all ages to practice and refine their writing skills. Sign up as a teacher (you can use your home as a school), create a learner profile for your child, and then allow your child to log in to the student account and get practicing.
- **Mystery Science** – Mystery Science is offering free memberships for up to one year, with engaging lessons in a variety of science-related areas, including timely topics such as, “How do germs get inside your body?” Video lessons are complemented by hands-on experiments and downloadable activities.
- **Codecademy** – This spring could be a great time for young people to learn in-demand skills like coding in different programming languages, web development, design, and data science. Codecademy offers free access to basic lessons, with the option to pay for more advanced courses if your kids get really into it.
- **Marginal Revolution University (MRU)** – Economics isn’t always taught at the K-12 level, but the dynamic, self-paced introductory economics courses offered for free through MRU are likely to pique your older child’s interest. These are also great classes for you to learn alongside your child.
- **Lynda.com** – Available for free through many public libraries, Lynda.com has an array of online learning resources in subject areas ranging from photography to business to web development. Check with your local library for access details, and while you’re at it, explore the many other digital resources your local library likely offers. Many public libraries provide free access to e-books, streaming films and music, digital magazines, and even language learning resources, such as [Mango](#).
- **TED-Ed** – TED-Ed offers a free suite of high-quality videos on a variety of topics for learners of all ages, including supplemental materials, discussion questions, and opportunities to probe deeper into areas of interest. Register as an educator and you can help to customize your child’s learning experience, or let your child explore independently.

- **Smithsonian Institution** – Many museums, including the Smithsonian Institution and especially its open access [Learning Lab](#), offer free, online resources and activities for learners. Check out the websites of your favorite museums to see what free, digital education tools are available.
- **Open Culture** – Access 1,500 free, online audio and video courses from top universities, as well as 1,000 free audio books.
- **Edx** – Edx offers access to free online courses delivered by a consortium of leading colleges and universities. Learn college-level content in computer science, engineering, and robotics, among others. Similar to Edx, [Coursera](#) also provides a wide range of courses created by various colleges and universities, including many that are free.
- [Scholastic Books](#) is providing 20 days of children’s activities online at no cost. Up to 3 hours of content per day, such as virtual field trips, articles, stories, and videos.
- [McHarper Manor](#) will do live streaming of daily art and craft tutorials for kids to do at home. Shopping lists for supplies are posted and available on Amazon.
- **Virtual field trips and animal cams:**
  - [San Diego Zoo](#)
  - [Monterey Bay Aquarium](#)
  - [Yellowstone National Park](#)
  - [Access Mars](#)
  - **Zoo Atlanta’s** [Panda Cam](#)
  - [Houston Zoo](#)
  - **Cincinnati Zoo & Botanical Garden** will provide [a live Facebook home safari](#) each weekday at 3 pm EST.
  - **Georgia Aquarium:**
    - [Beluga Whale Cam](#)
    - [Jellyfish Cam](#)
    - [Penguin Cam](#)
    - [Ocean Voyager Webcam](#)
    - [Indo-Pacific Barrier Reef Webcam](#)
    - [Piranha Webcam](#)
    - [California Sea Lion Webcam](#)
    - [Southern Sea Otter Webcam](#)
    - [Underwater Puffin Webcam](#)
  - **Farm Food 360’s** [farm and food virtual tours](#)
  - US Space & Rocket Center ([YouTube](#)):
  - Discovery Education:
    - [Polar Bears](#)
    - [Social-Emotional Skills](#)
    - STEM: [Science, Technology, Engineering & Math virtual tour of Johnson Space Center](#)
    - [Manufacturing field trips](#)
  - [The Louvre](#)
  - [The Great Wall of China](#)
  - [Boston Children’s Museum](#)
  - [British Museum of the World](#)
  - Guggenheim Museum ([via Google Street View](#))
  - [National Gallery of Art](#)
  - [Musee d’Orsay](#)

- [National Museum of Modern and Contemporary Art in Korea](#)
- [Pergamon Museum in Berlin](#)
- Rijksmuseum, Amsterdam [via Google Street View](#)
- [Van Gogh Museum, Amsterdam](#)
- [J. Paul Getty Museum in Los Angeles](#)
- [Uffizi Gallery, Italy](#)
- [Museu de Arte de Sao Paulo, Brazil](#)
- [National Museum of Anthropology, Mexico City](#)
- Free educational websites:
  - Funbrain
  - Prodigy
  - Math Playground
  - Splash Learn
  - Math Game Time
  - Khan Academy
  - Crash Course (YouTube)
  - Who Was? (App/site)
  - Nat Geo Kids
  - Google Earth
  - Time for Kids
  - Smithsonian for Kids
  - Discovery Mindblown
  - NASA Kids Club
  - Amazing Space
  - Code Academy
  - How Stuff Works
  - Brain Pop
  - Ted Talks
  - PBS Kids
  - Duolingo
  - Hello Kids (drawing)
  - <http://learnincolor.com/educational-activities-for-when-youre-stuck-indoors.html>
- [Make Paducah](#) is offering free art lessons through Facebook Live each weekday for the next two weeks.
- [Metropolitan Opera will stream operas for free](#)
- [Corona Virus Video for Children](#)
- Wake County school system are sending activities home with student to continue their learning/development while out of school. Students encouraged to use their online access to the school and public library
- Durham County school system are sending activities home with student to continue their learning/development while out of school. Students encouraged to use their online access to the school and public library
- Distance learning will be available for all Guilford County students starting March 16th. Supplemental materials can be accessed at the link provided. Materials that are tied to grade-level standards to keep your children on track will be provided by March 23rd.  
<https://www.gcsnc.com/Page/54440>

- Childcare for children of first responders and healthcare personnel will be offered at YMCA Camp Weaver and Reidsville YMCA. This is on a first-come, first-serve basis with limited capacity. Children will be checked for a fever, and any child exhibiting symptoms will be sent home. Parents may register children in any of our YMCA branches.
- Coronavirus Volunteer Babysitting Service for Working Parents: Babysitting service organized by high school students to help Guilford County families in need during school closures. Services free of charge. Call or message 336-938-4305 for more information.

## OTHER RESOURCES

- **U-Haul** is offering 30 days of free self-storage for college students impacted by campus closures
- **Charter Spectrum –Providing Free wifi and online services while children out of school K-12**
- **Medical care and clinics in Pitt County**
  - **Oakmont Baptist Church Community Clinic** is a sponsored health clinic/center for the Pitt County community. It is only operating one day per month. Call for hours and more information on the medical care, prescriptions needed, and more details. (252) 756-1245.
  - **Greenville Shelter Community Clinic** is a free health center operated by Brody School of Medicine at East Carolina University. Basic medical care is available to the uninsured, poor, and Pitt County residents that have no other resources available to them. It is a free walk in clinic for residents. 1600 Chestnut Street, Greenville, NC 27834. Call (252) 758-9244 for intake.
  - **Sunday Fountain Clinic at Grimesland** is a non-profit that relies on volunteers from the community. Doctors, dentists, nurses, medical students, grad students, undergrads, and others all contribute. Screenings, check ups, and referrals to specialist care are all available, as needed. Phone number is (252) 744-2938.
  - **James D. Bernstein Community Health Center** uses a sliding fee scale to provide medical services on a reduced rate, to those that qualify for assistance with their health care costs. Also, on-site pharmacy also issues prescription medicines at reduced cost to the income qualified clients. 261 Belvoir Highway, Greenville, North Carolina 27834, (252) 695-6352, or click [prescription medication programs](#).
  - **Pitt County Public Health Department** can provide government sponsored and affiliated care. Examples include Medicaid applications, AIDS/HIV Prevention Counseling, Sexually Transmitted Disease Treatment, Influenza Control, and more. Call the Greenville office at (252) 902-2305.

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