



# T-STEP Program



TEACCH School Transition to Employment and Post-Secondary Education

**NOW  
RECRUITING  
SUMMER  
2021  
ONLINE**

The T-STEP is a FREE intervention developed to support transition to employment and post secondary education for 16-21 year olds with Autism Spectrum Disorder who will or have received the Future-Ready Core high school diploma.

## T-STEP Program covers several transition skills grouped into the intervention:

### GOAL SETTING SKILLS

*Choosing & Working  
Towards Individual Goals*

### EXECUTIVE FUNCTION SKILLS

*Approaching Tasks in Organized Manner  
and Time Management & Flexibility*

### EMOTION REGULATION SKILLS

*Coping with Stress and  
Accepting Corrective Feedback*

### SOCIAL SKILLS FOR COLLEGE & WORK

*Getting Help When Needed  
and Social Skills*



T-STEP Hybrid (Online & In Person) Program Available at A-B Tech Community College for residents of the following counties: Ashe, Avery, Buncombe, Burke, Caldwell, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Watauga, and Yancey.



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