

# Student Success Seminar

Asheville-Buncombe  
Technical Community  
College



# Seminar Objectives

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- What is Student Success Seminar?
- Academic Progress Policies
- Characteristics of a Successful Student
- Tips and Strategies to be a Successful Student
- College Resources
- Community Resources

# What is SSS?

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- We want to connect you with academic and personal support resources.
- We want you to have a positive experience.
- We want you to reach and complete your goals.
- We want to save you time and money.
- A-B Tech wants you to be a successful student!

# College Standards: Academic Progress

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- **1<sup>st</sup> Phase (Warning):**
  - Meet with Program Advisor (if in a program)
  - Meet with a Student Advisor (if Unclassified)
  - Student Success Seminar recommended
  - Individual success coaching available. You can reach a Success Coach at [advising@abtech.edu](mailto:advising@abtech.edu).

# College Standards: Academic Progress

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- **2<sup>nd</sup> Phase (Probation Level I):**
  - Meet with Program Advisor (if in a program)
  - Meet with a Student Advisor (if Unclassified)
  - Student Success Seminar **required**
  - “Limited to Term Plan” which means you can only register for courses on your next term plan.

# College Standards: Academic Progress

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- **3<sup>rd</sup> Phase (Probation Level II):**
  - Follow same steps as Probation Level I
  - Complete Individual Academic Support Plan provided by our Support Services Office.
  - Schedule an appointment with a Counselor.
  - You can reach a Counselor in our Support Services Office at [supportservices@abtech.edu](mailto:supportservices@abtech.edu).

# Eight Characteristics of Successful Students

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1. Accept personal responsibility
2. Discover self-motivation
3. Master self-management
4. Employ interdependence
5. Gain self-awareness
6. Adopt lifelong learning
7. Develop emotional intelligence
8. Believe in themselves

From *On Course: Strategies for Creating Success in College and in Life*, by Skip Downing

# Successful Students...

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- Attend and participate in class (even virtually)
- Start assignments early
- Concentrate on the material presented
- Take intentional notes
- Ask questions often
- Organize a study or homework network
- Utilize campus and community resources
- Attend review sessions
- Ask instructors and Advisor for assistance
- Create a study space
- Eliminate distractions
- Take breaks and rest





# Success Strategies

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- Start and stay organized all semester
  - Microsoft Office 365 available at no cost
- Make a “To Do” and “What’s Due” List
  - Use a student planner for your deadlines
  - You can find these in Moodle and syllabi
- Schedule your study and social time separately
  - Limit social media and other entertainment
- Reward yourself after accomplishments

# Tips for Success

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- Set realistic goals (both big and small)
  - Small goal example = Pass BIO 168
  - Big goal example = Complete my ADN
- Establish healthy routines, eliminate unhealthy habits, and seek help with managing stress
- **Self-advocacy is the key to student success**
  - Know your limits and communicate often
  - Always ask for assistance if you're unsure

# Initial Important Resources

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## Start Up Resources

- [New Student Orientation](#)
- [Moodle Online Orientation](#)
- [Program Advisor](#)
- [Success Coach](#)

## Financial Resources

- [Trailblazer Promise](#)
- [Financial Aid Office](#)
- [Emergency Assistance](#)

# Technical Support Resources

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## Student Accounts

- [Student Email](#)
- [Self-Service](#)
- [WebAdvisor](#)
- [Moodle](#)

## Help!

- [IT Help Desk](#)
- [Password Reset](#)
- [InfoBase](#)

# Personal Support Resources

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## Accommodations

- Process to receive accommodations
- Online Student Intake Form

## Counseling

- Career Services
- Personal Counseling

# Academic Support Resources

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## Academic Resources

- [Tutoring Center](#)
- [Thinkingstorm](#)
- [Library](#)
- [Writing Center](#)

## Early Alerts

- Your instructor may submit an Early Alert to help you succeed
- A Success Coach will reach out to guide you
- We are here to assist!

# Other Support Resources

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## Student Engagement

- [Student Life and Development](#)
- [Veterans Café](#)
- [RESET Lounge](#)
- [Work Study](#)
- [Food Pantry](#)

## In Our Community

- [Student Resources Guide Packet](#)
  - Housing
  - Childcare
  - Food security
  - Safety
  - Transportation



# SSS Survey & Questions

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- Visit <https://tinyurl.com/abtechsss>
  - Please log in with your A-B Tech student credentials
  - Complete the survey at the end
- If you need your **SSS** registration hold ended to register for courses, you must also email us at: [advising@abtech.edu](mailto:advising@abtech.edu)
- Questions? Please contact us: [advising@abtech.edu](mailto:advising@abtech.edu)

**Thank You!**  
And best wishes for a successful journey  
at A-B Tech!

