

T-STEP Program



THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL



THE UNIVERSITY OF NORTH CAROLINA
TEACCH
Autism Program
Services Across the Lifespan

The T-STEP is a *FREE* intervention developed to support transition to employment and post secondary education for 16-21 year olds with Autism Spectrum Disorder who will or have received the Future-Ready Core high school diploma.

TEACCH SCHOOL TRANSITION TO EMPLOYMENT AND POSTSECONDARY EDUCATION

—NOW RECRUITING— SPRING 2022

T-STEP Program covers several transition skills grouped into the intervention:

- **Goal Setting Skills**
Choosing & Working Towards Individual Goals
- **Executive Function Skills**
Approaching Tasks in Organized Manner and Time Management & Flexibility
- **Emotion Regulation Skills**
Coping with Stress and Accepting Corrective Feedback
- **Social Skills for College & Work**
Getting Help When Needed and Social Skills



ABTech
Community College



Funded by the North Carolina
Division of Vocational
Rehabilitation Services

For more information, contact
T-STEP Team at [919-843-9505](tel:919-843-9505) or
TSTEPinfo@med.unc.edu