T-STEP Program



T-STEP Program covers several transition skills grouped into the T-STEP intervention:

Goal Setting Skills

Choosing & Working Towards
Individual Goals

Executive Function Skills

Approaching Tasks in Organized

Manner and Time

Management & Flexibility

Emotion Regulation Skills

Coping with Stress and Accepting

Corrective Feedback

Social Skills for College & Work

Getting Help When Needed and Professional Social Skills





CONTACT US

919-843-9505 or TSTEPinfo@med.unc.edu

TEACCH School Transition to Employment and Postsecondary Education

NOW RECRUITING!



The T-STEP is a FREE intervention developed to support transition to employment and post-secondary education for 16-21 year olds with Autism Spectrum Disorder who will or have received the Future-Ready Core high school diploma.

Funded by the North Carolina Division of Vocational Rehabilitation Services at the following NC Community Colleges:















