



2023 - 2024

Associate in Arts:

# Health & Wellness Pathway

Arts and Sciences / University Transfer

MULTIPLE LOCATIONS

VARIED SEMESTER LENGTHS

NUMEROUS PROGRAMS

FINANCIAL AID



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## Associate in Arts: Health & Wellness Pathway

**All Pathways are design to transfer to a four-year institution for eventual completion of a BA/BS or BFA degree.**

The Health & Wellness pathway is intended to lead to a student earning a bachelor's degree in a variety health fields. Completers of this degree will be prepared to enter a bachelor's program at a four-year college or university in majors such as nutrition, community health, health policy management, or wellness. With this degree, graduates can work in a variety of areas: healthcare policy and education, mental health, and wellness centers.

### For More Information:

Contact Buddy Tignor by email at [miltonetignor@abtech.edu](mailto:miltonetignor@abtech.edu) or call 828.398.7487.

### Total Cost Estimate

<b>Tuition per Semester (NC Resident)</b>	\$1,216.00 (16+ credit hours) \$76.00/credit hour (1-15 hours)
<b>Computer Use and Technology Fee</b>	\$48/semester
<b>Activity Fee</b>	Fall and Spring semesters only, Main campus and Online, \$35.00
<b>CAPS Fee (Campus Access, Parking and Security)</b>	\$20/semester
<b>Matriculation Fee</b>	\$6/semester
<b>Student Insurance</b>	\$2/Semester
<b>Consumable Supply Fees</b>	\$20 Some ART, BIO, CHM, HEA, PED, and PHY courses
<b>Books</b>	cost may vary

	Course Prefix	Course Name	Credit Hours
1st Semester	ACA 122	College Transfer Success	1
	COM 120	Intro to Interpersonal Com	3
	ENG 111	Writing and Inquiry	3
	MAT 152	Statistical Methods I	4
	PSY 150	General Psychology	3
2nd Semester	BIO 110	Principles of Biology	4
	BIO 168	Anatomy and Physiology I	4
	ENG 112	Writing/Research in the Disc	3
	SOC 210	Introduction to Sociology	3
3rd Semester	PHI 240	Introduction to Ethics	3
	PSY 241	Developmental Psych	3
4th Semester	BIO 169	Anatomy and Physiology II	4
	FRE 111	Elementary French I (or SPA 111)	3
	HEA 110	Personal Health/Wellness	3
	HUM 115	Critical Thinking	3
5th Semester	BIO 155	Nutrition	3
	FRE 112	Elementary French II (or SPA 112)	3
	HIS 112	World Civilizations II	3
	HUM 220	Human Values and Meaning	3
	MUS 110	Music Appreciation	3

AA and AS degrees require completion of a minimum of 60 semester hours of credit, but pathways may include extra hours to meet university baccalaureate degree plans. Completion of hours beyond 60 may not be required to meet AA or AS graduation requirements but is recommended based on programs offered by intended transfer institutions.