

# The Occupational Therapy Assistant Program

*A-B Tech Community College*

# Who we are

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# The Program Basics

**Courses and  
Curriculum**

**Fieldwork**

**The  
Certification  
Exam**

**The  
Admissions  
Process**

**General  
Requirements**

**Prerequisites**

# Should I Be an OTA Practitioner Quiz?

# 1. Are you a good listener?

1. Yes! Friends and family often come to me either for advice or just to use me as a sounding board.
2. Sort of, I enjoy talking to others, but I don't know whether I'd be considered a good listener.
3. No, I don't communicate well with others or I tend to talk over them.

## 2. Do you mind close physical contact with others?

1. No problem.
2. It's ok, as long as they aren't sick.
3. No way! I need my personal space.

### 3. How patient are you?

1. Somewhat. I like to keep to a schedule though, and get thrown off if things don't stay on track.
2. I am very patient. I am willing to take the time to work through any issues that arise in life and my profession.
3. Not at all. I'm always in a hurry!

## 4. Do you enjoy helping others?

1. Yes! I have always been drawn to helping others with problems.
2. Sort of, and I think I've gotten better at helping others over time or it is something I'd like to get better at.
3. No, I can't help but feel a little annoyed when people can't just help themselves.



## 5. Are you organized?

1. Yes, I like things to be neat and organized.
2. Sort of, but please don't look at my room in my house.
3. No way. I'm a mess.

## 6. How creative are you?

1. Very. I'm crafty, creative, and can come up with new ideas quickly.
2. Somewhat. I tend to follow directions, but I can be creative as well.
3. Not at all. I need every step of a process spelled out to get things done.

## 7. Do you have enough physical strength to help others complete complex tasks?

1. Yes. I don't mind bending, stooping, lifting,- sounds like a great way to get exercise in!
2. I think so.
3. No, I am basically a couch potato.

## 8. Are you punctual?

1. Yes, I always show up on time for appointments.
2. I try to be, but sometimes things come up.
3. No, I'm always running late.

## 9. How do you deal with bodily fluids?

1. I am completely fine with them.
2. Ok. Sometimes I can get nauseous, but I get over it.
3. I can't, I have a very sensitive stomach.

## 10. Can you handle most noxious smells?

1. Yes, most of the time.
2. Yes, but only for short period and then I get nauseas.
3. No, absolutely not. I get sick and have to flee the area.

# Results: Add up your scores

>15 points – You have what it takes!

15 – 20 points- You will have to modify some characteristics, traits, and/or behaviors and do a little more research to see if this is the right career for you.

20-30 points – This probably isn't the career choice for you, you might want to research other Allied Health programs.

# What does it take to become an OT Practitioner?

- **Exceptional Communication Skills**
- **Outstanding Personal Skills**
- **Problem Solving Abilities**
- **Physical Strength**
- **Possess a Helpful Nature**
- **Organization Skills**
- **Compassion and Empathy**
- **Creativity**
- **Good Writing Skills**
- **Adequate Mental Wellness**



# OTAs Are Not...

Hypersensitive

Stubborn

Rigid

Inpatient

Pessimistic

Afraid

Intolerant

Judgmental

**OTA 135  
Kinesiology**

**OTA 130  
Assessment  
Skills**

**OTA 170  
Physical  
Conditions**

**OTA 110  
Fundamentals  
of OT**

**OTA 120  
OT Media 1**

**OTA 140  
Professional  
Skills 1**

**OTA 220  
OT Media II**

**OTA 245  
Professional  
Skills III**

**OTA 250  
Adult  
Concepts and  
Interventions**

**OTA 240  
Professional  
Skills II**

**OTA 150  
Peds Concepts  
and  
Interventions**

**OTA 180  
Psychosocial  
Conditions**

# Fieldwork

Designed to develop and polish observation skills

Following completion of Level II, students should be entry level practitioners, but not specialized

Requires:

Traveling

Childcare

Finances

Transportation

\*Due to COVID 19, graduation may be delayed secondary to the lack of sites

536-1

# Fieldwork Cont.

CastleBranch

Schedule (occurs over the summer) and *includes the last 2 Level I FW placements*

Will have the opportunity to experience different settings

\*Due to COVID 19, Level I FW placements may be provided through a virtual format

**OCCUPATIONAL THERAPY**



**THAT MEANS YOU HELP PEOPLE  
FIND A JOB... RIGHT?**

# Practice Settings

OT's and OTA's work with individuals across the lifespan.



# Practice Settings

Occupational Therapists work in 3 primary areas:

Physical Dysfunction

Psychosocial

Pediatrics



# The Nuts and Bolts

Self Care is important! Must be emotionally equipped to work and give 100% to clients and their families.

Refer to AOTA's website [aota.org](http://aota.org) for resources and learn about why others chose OT as a career.