The Occupational Therapy Assistant Program

A-BTech Community College

### Who we are

#### Heather Hall MPPA, MS, OTR/L Christine Lomax BFA, COTA/L



Courses and Curriculum

The Admissions Process Fieldwork

The Certification Exam

General Requirements

Prerequisites

# Should I Be an OTA Practitioner Quiz?

### 1. Are you a good listener?

- 1. Yes! Friends and family often come to me either for advice or just to use me as a sounding board.
- 2. Sort of, I enjoy talking to others, but I don't know whether I'd be considered a good listener.
- 3. No, I don't communicate well with others or I tend to talk over them.

### 2. Do you mind close physical contact with others?

- 1. No problem.
- 2. It's ok, as long as they aren't sick.
- 3. No way! I need my personal space.

### 3. How patient are you?

- Somewhat. I like to keep to a schedule though, and get thrown off if things don't stay on track.
- 2. I am very patient. I am willing to take the time to work through any issues that arise in life and my profession.
- 3. Not at all. I'm always in a hurry!

### 4. Do you enjoy helping others?

- 1. Yes! I have always been drawn to helping others with problems.
- 2. Sort of, and I think I've gotten better at helping others over time or it is something I'd like to get better at.
- 3. No, I can't help but feel a little annoyed when people can't just help themselves.

### 5. Are you organized?

- 1. Yes, I like things to be neat and organized.
- 2. Sort of, but please don't look at my room in my house.
- 3. No way. I'm a mess.

#### 6. How creative are you?

- 1. Very. I'm crafty, creative, and can come up with new ideas quickly.
- 2. Somewhat. I tend to follow directions, but I can be creative as well.
- 3. Not at all. I need every step of a process spelled out to get things done.

## 7. Do you have enough physical strength to help others complete complex tasks?

- Yes. I don't mind bending, stooping, lifting, sounds like a great way to get exercise in!
- 2. I think so.
- 3. No, I am basically a couch potato.

### 8. Are you punctual?

- 1. Yes, I always show up on time for appointments.
- 2. I try to be, but sometimes things come up.
- 3. No, I'm always running late.

### 9. How to you deal with bodily fluids?

- 1. I am completely fine with them.
- 2. Ok. Sometimes I can get nauseous, but I get over it.
- 3. I can't, I have a very sensitive stomach.

### 10. Can you handle most noxious smells?

- 1. Yes, most of the time.
- 2. Yes, but only for short period and then I get nauseas.
- 3. No, absolutely not. I get sick and have to flee the area.

### Results: Add up your scores

>15 points – You have what it takes!

15 – 20 points- You will have to modify some characteristics, traits, and/or behaviors and do a little more research to see if this is the right career for you.

20-30 points — This probably isn't the career choice for you, you might want to research other Allied Health programs.

### What does it take to become an OT Practitioner?

- Exceptional Communication Skills
- Outstanding Personal Skills
- Problem Solving Abilities
- Physical Strength
- Possess a Helpful Nature

- Organization Skills
- Compassion and Empathy
- Creativity
- Good Writing Skills
- Adequate Mental Wellness

### OTAs Are Not...

Hypersensitive Stubborn Rigid Inpatient Pessimistic Afraid Intolerant Judgmental

#### OTA 135 Kinesiology

OTA 130 Assessment Skills

#### OTA 170 Physical Conditions

OTA 110 Fundamentals of OT

OTA 120 OT Media 1 OTA 140 Professional Skills 1

#### OTA 220 OT Media II

OTA 245 Professional Skills III

#### OTA 250 Adult Concepts and Interventions

OTA 240 Professional Skills II OTA 150 Peds Concepts and Interventions

OTA 180 Psychosocial Conditions

### Fieldwork

Designed to develop and polish observation skills

Following completion of Level II, students should be entry level practitioners, but not specialized

**Requires:** 

Traveling Childcare Finances

Transportation

\*Due to unexpected events, such as Hurricane Helene or COVID 19, graduation at times may be delayed secondary to the lack of sites

536-1

### Fieldwork Cont.

CastleBranch

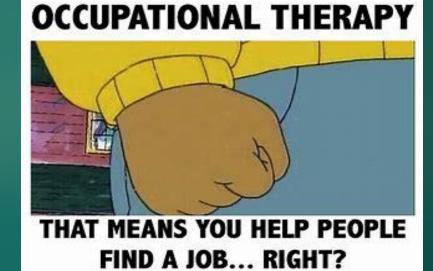
Schedule (occurs over the summer) and *includes the* 

last 2 Level I FW placements

Will have the opportunity to experience different

settings

\*Due to unexpected events, such as Hurricane Helene or COVID 19, Level I FW placements at times may be provided through a virtual format



### Practice Settings

OT's and OTA's work with individuals across the lifespan.



### Practice Settings

**Occupational Therapists work in 3 primary areas:** 

Physical Dysfunction Psychosocial Pediatrics



### The Nuts and Bolts

Self Care is important! Must be emotionally equipped to work and give 100% to clients and their families.

Refer to AOTA's website aota.org for resources and learn about why others chose OT as a career.

## If you are interested in any of our other A-B Tech programs.....

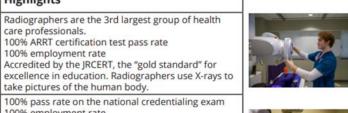
### **Other Allied Health** Programs

Program Highlights		1	oxxio	100% employer and graduate satisfaction	
Cardiovascular Sonography and Medical Sonography		Sonographers use high frequency sound waves to produce dynamic visual images of organs, tissue, and blood flow. The program provides the individual with the knowledge and skills necessary to acquire, process and evaluate abdominal and pelvic			Surgical technologists are the only formally educated perioperative professional in an operating room. Surgical technologists establish, prepare, and maintain the surgical field working alongside a surgeon assisting with surgical procedures.
Cardiovascular Sonography	Medical Sonography	organs, pregnancy, cardiac and vascular structures. Sonographers learn the normal appearance of organs and the different pathologies that can affect the structures that are examined. Sonography requires an in-depth understanding of clinical signs, symptoms and laboratory information associated with pathologies. The job outlook for 2021-2031 is 10% (faster than average) according to the US Bureau of Labor Statistics.		Veterinary Medical Technology	Assist veterinarians in surgery, perform laboratory, radiographic, anesthetic, and dental procedures while providing high-quality veterinary nursing care. Accredited by the American Veterinary Medical Association (AVMA) and the Committee on Veterinary Technician Education and Activities (CVTEA). Our graduates are highly sought after in our local veterinary community, with over 50 partnered
Dental Assisting	Assisting One-year diploma program 100% employment rate Work alongside the dentist during fillings, extractions, crowns, root canals, etc., or can work in specialty offices				practices and a 100% employment rate.
Dental Hygiene	• Kyi	Employment of dental hygienists is projected to grow 9 percent from 2021 to 2031. Employment offers		Program	Highlights
		exciting and rewarding career opportunities. 100% employment rate 2-year program		Medical Assisting	One of the nation's fastest-growing careers through 2030. Medical assistants are multi-skilled health professionals specifically educated to work in a
Medical Laboratory Technology		100% ASCP pass rate. 100% employment rate. Accredited by NAACLS, ensuring the highest standards of quality and excellence in education. Work in the laboratories of hospitals, doctor offices, research, and reference labs.			variety of healthcare settings performing clinical and administrative duties, e.g., basic laboratory tests, draw blood, give injections, prepare/administer medications, remove sutures, assist the physician during the exam, schedule appointments, billing,
Occupational Therapy Assistant		OTAs work with the entire population from newborns to hospice care with all different types of disabilities and challenges to participate in everyday life activities. Under the supervision of an Occupational Therapist, OTAs focus on providing treatments that help people with physical, psychological, and social needs to rebuild skills, health wellness, and functional independence in their homes and communities. Employment for OTAs is projected to grow 27% from 2018 to 2028.	SHE SHE		and bookkeeping. Accredited by the Commission on Accreditation in Allied Health Education Programs
				Phlebotomy	16-week program: 8 weeks in class and 8 weeks in clinical #2 program in the Nation

Program

Radiography

Surgical Technology







Highlights	
One of the nation's fastest-growing careers through 2030. Medical assistants are multi-skilled health professionals specifically educated to work in a variety of healthcare settings performing clinical and administrative duties, e.g., basic laboratory tests, draw blood, give injections, prepare/administer medications, remove sutures, assist the physician during the exam, schedule appointments, billing, and bookkeeping. Accredited by the Commission on Accreditation in Allied Health Education Programs	
16-week program: 8 weeks in class and 8 weeks in clinical   #2 program in the Nation	

Highlights

care professionals.

100% employment rate

100% employment rate

100% ARRT certification test pass rate

take pictures of the human body.



