

# T-STEP Program



THE UNIVERSITY OF NORTH CAROLINA

**TEACCH**  
Autism Program  
Services Across the Lifespan

TEACCH School Transition to Employment and Post-secondary Education

**T-STEP covers transition skills in the following areas:**

- Goal Setting
- Executive Function
- Emotion Regulation
- Social Skills for College and Work
- Self-Advocacy
- Career Exploration
- Post-secondary Exploration

**Eligible 16–21 year old students must:**

- Have a diagnosis of autism
- Be enrolled in high school or college
- Be able to access college-level materials

**The T-STEP Program is a FREE, evidence-based college class to help autistic students transition to adulthood.**

## Fall 2025 Asheville



## Interested?

Complete our screening questionnaire



To enroll, contact us



919-843-9505

TSTEPinfo@med.unc.edu



www.teacch.com

## Details

**Sept. 9 – Dec. 9**

**Class on Tues/Thurs from  
2:30 – 4:00**

*Additional weekly meetings &  
work-based learning*

**at A-B Tech Community College**

In partnership with:

**ABTech**  
Community College

Funding provided by:

**EIPD**  
Employment and Independence  
for People with Disabilities