



2026 - 2027

Social and Human Services: Mental Health Career Track

Associate in Applied Science Degrees

MULTIPLE LOCATIONS | VARIED SEMESTER LENGTHS | NUMEROUS PROGRAMS | FINANCIAL AID



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ASHEVILLE, NORTH CAROLINA • (828) 398-7900 • ABTECH.EDU

Social and Human Services: Mental Health Career Track

The Social and Human Services curriculum prepares students for entry-level positions in institutions and agencies which provide social, community, and behavioral health services. Along with core courses, students take courses which prepare them for specialization in specific human service areas.

Coursework includes the development of professional knowledge, skills, and values in human services. Opportunities for experiential learning allow students to apply knowledge and skills learned in the classroom.

Graduates should qualify for positions in government, private, and nonprofit social and human services agencies. Graduates may choose to transfer and continue their education at a variety of colleges and universities.

Specific Requirements

1. General college admission requirements.
2. Students pursuing the degree should be aware that employers in the human services field (substance abuse and otherwise) can require prospective volunteers, interns, and employees to pass medical examinations, criminal background, drug & alcohol screen, immunization, and citizenship verification checks before they will be allowed to work at an organization.

Career Opportunities in Human Services Technology

A.A.S. Degree National Salary Range: \$38,250-\$58,770
 Local Salary Range: \$36,900 - \$47,960

Case Worker, Family Support Worker, Youth Worker, Social Service Liaison, Residential Counselor, Behavioral Management Aide/Technician, Case Management Aide, Eligibility Counselor, Public Assistance Worker, Substance Abuse Worker, Life Skills Instructor, Social Service Aide/Technician, Group Activities Aide/Technician, Therapeutic Assistant, Gerontology Aide/Technician, Home Health Aide, Group Home Worker, Mental Health Aide/Technician, Intake Interviewer, Community Outreach Worker, Psychological Aide/Technician

Salaries may vary based on size of business and other factors.

Total Cost Estimate

Tuition per Semester (NC Resident) \$1,216.00 (16+ credit hours)
 \$76.00/credit hour (1-15 hours)

Computer Use and Technology Fee \$48/semester

Activity Fee Fall and Spring semesters only,
 Main campus and Online, \$45.00

CAPS Fee (Campus Access, Parking and Security) \$30/semester

Matriculation Fee \$25/semester

Student Insurance \$2/Semester

Additional Fees including books may incur, please check A-B Tech website for more detail: <https://abtech.edu/program/human-services-technology-aas-associate-applied-science-cost-estimate>

Have you applied for Financial aid? Please visit A-B Tech website for instructions:
<https://abtech.edu/future-students/financial-aid/applying-aid>

Courses requiring a grade of "C" or better: ACA, BIO, COM, ENG, HSE, HUM, MHA, PSY, SAB, SOC, SWK, and WBL

	Course Prefix	Course Name	Credit Hours
First Semester (Fall)	ACA 115	Success & Study Skills	1
	ENG 111	Writing & Inquiry	3
	HSE 110	Intro to Human Services	3
	HSE 123	Interview Tech Human Service	3
	PSY 150	General Psychology	3
	MHA 140	Intro to Mental Health	3
Second Semester (Spring)	COM 120	Intro Interpersonal Com	3
	HUM 115	Critical Thinking	3
	HSE 212	Group Dynamics	3
	HSE 225	Crisis and Intervention Prin	3
	MHA 150	Mental Health Interventions	3
Third Semester (Fall)	BIO 111	General Biology I	4
	HSE 223	Counseling Theories & Skills	3
	MHA 238	Psychopathology	3
	SOC 210	Introduction to Sociology	3
	SWK 110	Intro to Social Work	3
	WBL 111	Work-Based Learning I	1
Fourth Semester (Spring)	DDT 110	Intellectual/Dev Disabilities	3
	HSE 210	Diversity Ethics and Trends	3
	HSE 220	Case Management	3
	MHA 240	Advocacy	3
	SOC 225	Social Diversity	3
	WBL 112	Work-Based Learning I	2
Program Totals:			65

For first-semester advising questions, contact advising@abtech.edu

For More Information:

Contact Porscha Orndorf by email at porscharorndorf@abtech.edu or by phone at 828-398-7389

Certificate Available:

**Social and Human Services Diploma
 Addiction and Recovery Certificate
 Mental Health Studies Certificate**

For more information, please visit:
<https://abtech.edu/programs/academic/human-services>